



## Thanksgiving Food Quiz

1. Which of the following benefits are attributed to turkey?
  - Protect from cancer and heart disease
  - Protect from birth defects
  - Keep cholesterol down
  - All of the above
2. Which is part of the turkey is healthiest?
  - White meat
  - Dark meet
  - Skin
3. Which Thanksgiving staple is known for medicinal benefits such as preventing urinary tract infections and ulcers?
  - Pumpkin
  - Cranberries
  - Potatoes
  - All of the Above
4. Which Thanksgiving staple was the first to be grown in space?
  - Pumpkin
  - Cranberries
  - Potatoes
  - Green Beans
5. Which pie has the least calories?
  - Pumpkin
  - Mince
  - Apple
  - Pecan
6. Which state is the leading producer of cranberries?
  - Massachusetts
  - Minnesota
  - Washington
  - Wisconsin
7. When was green bean casserole invented?



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- 1935
  - 1945
  - 1955
  - 1965
8. Potatoes originated from which country?
- Peru
  - Ireland
  - Italy
  - China