

Thanksgiving Food Quiz

Answers in bold...

1. Which of the following benefits are attributed to turkey?
 - Protect from cancer and heart disease
 - Protect from birth defects
 - Keep cholesterol down
 - **All of the above**
2. Which part of the turkey is healthiest?
 - **White meat**
 - Dark meat
 - Skin
3. Which Thanksgiving staple is known for medicinal benefits such as preventing urinary tract infections and ulcers?
 - Pumpkin
 - **Cranberries**
 - Potatoes
 - All of the Above
4. Which Thanksgiving staple was the first to be grown in space?
 - Pumpkin
 - Cranberries
 - **Potatoes**
 - Green Beans
5. Which pie has the least calories?
 - Pumpkin (320 calories)
 - Mince (480 calories)
 - **Apple (280 calories)**
 - Pecan (500 calories)
6. Which state is the leading producer of cranberries?
 - Massachusetts
 - Minnesota
 - Washington
 - **Wisconsin**
7. When was green bean casserole invented?
 - 1935
 - 1945
 - **1955**
 - 1965
8. Potatoes originated from which country?
 - **Peru**
 - Ireland
 - Italy